

Your Asian Veggie Patch

A guide to growing and cooking delicious Asian vegetables, herbs and fruits

By Connie Cao

Discover the joy of growing and cooking a vibrant array of Asian vegetables, herbs and fruits in this comprehensive, beginner-friendly guide. Connie Cao's curated selection of more than 50 cool-season and warm-season annuals and perennials makes it easy to find produce that will thrive in your garden. Then, make the most of your abundant harvest with 50 fresh home-style recipes. Your Asian Veggie Patch has everything you need to get your garden flourishing and your mouth watering.



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About the author:

Connie Cao is a Melbourne-based urban permaculture gardener, homesteader, photographer and digital content creator. In her backyard, she grows a garden full of veggies, fruits, berries, cut flowers and beneficial plants. She believes that any-sized space can become a garden and encourages everyone to embrace the imperfect perfection of nature. She focuses on small-space friendly plants and loves to create productive, beautiful and sustainable gardens.

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Recipes available for extract



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