# GROW IT LOCAL Impact Report

October | 2023



#### **Participation**

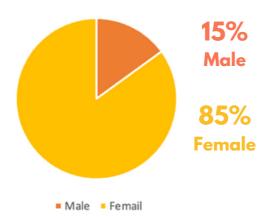
29,677

**Members registered locally** 

1,083,379

Square meters under cultivation

#### Gender



#### Age

18 to 24	1%
25 to 34	8%
35 to 44	15%
45 to 54	21%
55 to 64	30%
65 and over	25%
os ana over	23/0

#### Why members are interested in growing food?

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- 1) To grow healthy, fresh, organic food
- 2)To live more sustainably and positively impact climate change
- 3) For mental health and wellbeing
- 4) As a way to reduce food waste
- 5) To reconnect with nature

#### **Why members joined Grow It Local? (in order)**

- 1) To learn more about growing edibles
- 2) To live more sustainably and positively impact climate change
- 3) To eat locally-grown produce
- 4) To improve my health and well-being
- 5) Because I'm becoming more aware of food shortages and want to grow my own produce

#### Local food production insights



### Milk crates of produce grown each month

Under 1	50%
Between 1 - 3	39%
Between 3 - 5	5%
More than 5	5%

1,083,387

**Area under cultivation** 

#### Level of growing expertise

I'm not growing yet	<b>50%</b>
I'm new to growing	39%
I'm pretty good at growing	<b>5</b> %
I have a lot of experience	<b>5</b> %



#### What's growing locally?

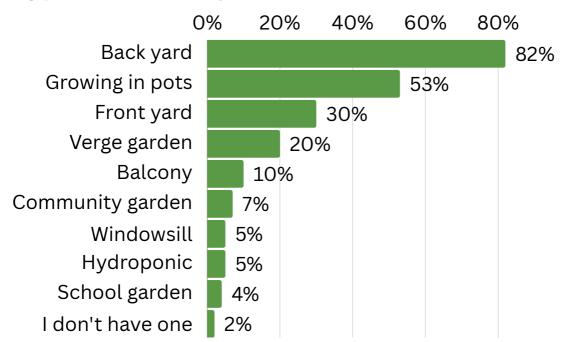
Turmeric lemons mandarin Iris
Passionfruit Peas basil Kalelime
Mint Cucumber chillis
rocket Tomato Chillip dill flowers
thyme Eggplant Ginger Limes
chillip lettuce Lettuce limes
Chives Herbs fig lemon sage veg
Lemon tomatoes Basil spinach
avocado tomatoes Basil spinach
passion fruit ginger herbs kale
capsicum Lavender Tomatoes
figs Cucumber spring onions
orange mango eggs mandarins

#### **Organic Growers**

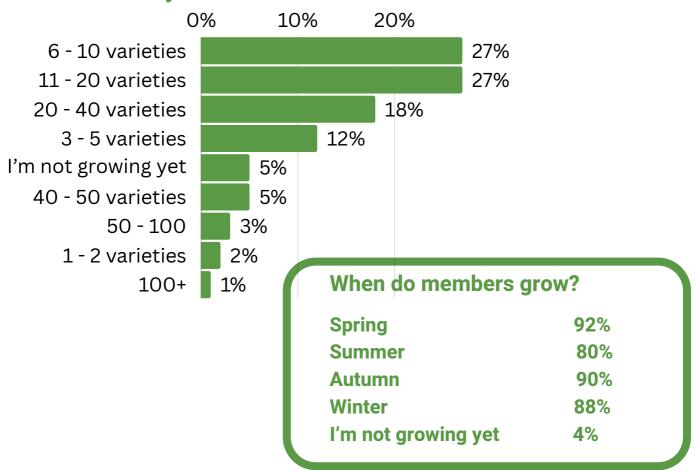
68%	Grow without the use of chemicals
31%	Generally do but are not always able to
1%	Do not grow without the use of chemicals

Local food production insights

#### Types of edible gardens



## Number of edible plant varieties grown over the course of the year



#### **Reducing Food Waste**



**24,58**1

**Composters** 

56,536

Food and organic waste diversion per week



**75%** 

Members who have a greater appreciation for food & waste less

**87%** 

Only pick what's needed from the garden



90%

Don't discriminate againt wonky produce



#### Where is food grown? 0% 20% 40% 60% 76% Pots or containers Planters or raised beds 72% Directly into the soil 68% Wicking beds 17% Vertical garden 11% 4% Other

2%

#### **Climate Impact**

None of the above

5,879,744

Carbon emissions avoided per year via food waste diversion

### A gateway to sustainable living

84%

Growing is important as a way to live more sustainably



**76%** 

Growing food is an gateway to other sustainability actions

#### Sustainability actions and behaviours

85%

Plant pollinator friendly varieties in their garden



**74%** 

Conserve as much water as possible

**74%** 

Use organic product & natural methods to manage pests



60%

Grow plants that are native to the local area

**71%** 

Choose to reuse by upcycling buying vintage



58%

Plant trees to help cool the home and neighbourhood

# Building more resilient and healthier communities



85%

Growers report a positive impact in their diet because of growing food



70%

Eat more fresh 'in season' produce

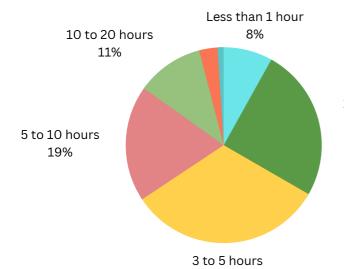
#### Positive mental health & well being



Members say gardening is good for relaxation and mental health

92%

Members feel happier in their garden



32%

1 to 3 hours 25% Time local members spend in the garden each week



# GROW IT LOCAL Thanks

growitlocal.com

